



GROUP AQUATICS SCHEDULE

RUSSELLVILLE ROAD

JUNE 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:20-9:20am		Aqua Kickboxing Rous	Aqua Tabata Rous	Zumba Gold 6/ 5 Sintevia 6/12 Sintevia 6/23 Rous 6/30 Rous	Aqua Tabata Chandler	Aqua F.I.T. Rous	Saturday Splash Rous 6/1 -Aqua-FIT 6/8 -Aqua-Zumba 6/15 -Aqua-FIT 6/22 -Aqua-Zumba 6/29-Aqua FIT
9:30-10:30am		Aqua-Strength & Stability Jennifer		Aqua-Strength & Stability Kathryn		Aqua-Strength & Stability Rous/Megan	
4:30-5:30pm			Aqua F.I.T. Reina		Aqua Kickboxing Rous		
5:30-6:30pm		Aqua Kickboxing Peggy	Aqua Zumba Rous		Aqua Zumba Rous		