



GROUPEXERCISE SCHEDULE

RUSSELLVILLE ROAD

JUNE 2019

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:20-9:20am		F.I.T. Chandler		Total Tabata Tina	Zumba Ana		
9:30-10:30am		Stretch and Flex Heather		Yoga Tina		Yoga Sara	Zumba Ana
11:00-12:00am		Chair Yoga Kathryn		Chair Yoga Kathryn			
4:30-5:30pm		Pilates Rous		Zumba Ana			
5:30-6:30pm		Zumba Grace	Step Peggy	F.I.T. Rous		Zumba Ana	